

Core Nursing Skills: Procedure Manual

2nd Edition:2020

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Abstract: Thanks to Allah S.W.T because with its bounty this book has been produced. This book contains a core procedure manual for nursing skills. The purpose of this book is to coordinate the teaching and learning process of nursing skills.

This book describes the steps in implementing each procedure systematically and rationally to give an understanding of the importance of the steps being taken. Additionally, the book also emphasizes aspects of communication with patients, respecting patients as an individual providing patients with privacy and safety during the procedure.

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**Norhasmah Mohd Zain
Norazliah Samsudin**



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Table of Contents

Preface	xi
UNIT 1 - VITAL SIGNS	
1.1 Measuring Oral Body Temperature Using Digital Thermometer	1
1.2 Measuring Axillary Temperature Using Digital Thermometer	5
1.3 Assessing Radial Pulse	8
1.4 Assessing Respiratory Rate	10
1.5 Assessing Manual Blood Pressure Using Aneroid Sphygmomanometer	13
1.6 Measuring Height	17
1.7 Measuring Body Weight	19
UNIT 2 - ACTIVITY DAILY LIVING	
2.1 Recumbent Positioning	23
2.2 Lateral Positioning	25
2.3 Prone Positioning	28
2.4 Semi Prone Positioning	32
2.5 Fowler's Positioning	35
2.6 Dorsal Positioning	37
2.7 Monitoring Intake And Output	40
UNIT 3 – THERAPEUTIC INTERVENTION	
3.1 Asepsis	
3.1.1 Medical Handwashing	43
3.1.2 Donning And Removing Face Mask	45
3.1.3 Surgical Handwashing	47
3.1.4 Sterile Gloving	49

3.2	Oxygen Therapy And Airway Clearance	
3.2.1	Oropharyngeal Suctioning	52
3.2.2	Oropharyngeal Suctioning	57
3.2.3	Applying Oxygen Mask	60
3.3	Administering Medication	
3.3.1	Administering Oral Medication	63
3.3.2	Administering Subcutaneous Injection	67
3.3.3	Administering Intramuscular Injection	72
3.4	Bandaging	
3.4.1	Applying Simple Spiral Bandaging	77
3.4.2	Applying Reverse Spiral Bandaging	81
3.4.3	Applying Figure Of 8 Bandaging	84
3.4.4	Applying Stump Bandaging	87
3.4.5	Applying Arm Sling	91
3.5	Intravenous Infusion	
3.5.1	Initiating Intravenous Infusion	94
3.5.2	Discontinuing Intravenous Access	98
3.5.3	Initiating Blood Transfusion	101
3.6	Wound Care	
3.6.1	Performing Wound Dressing	106
3.7	Perioperative Care	
3.7.1	Preparing Postoperative Bed	112
3.7.2	Preparing Patient For Surgery	116
Unit 4 – Special System		
4.1.1	Administering Medication Via Metered Dose Inhaler	123
4.1.2	Administering Medication Via Nebulizer	127
4.1.3	Assisting Breathing Exercise Via Incentive Spirometry	131
4.2	Cardiovascular	

4.2.1	Performing Electrocardiogram	134
4.3	Endocrine	
4.3.1	Measuring Capillary Blood Glucose	138
4.4	Gastroenterology	
4.4.1	Inserting Nasogastric Tube	142
4.4.2	Nasogastric Tube Feeding	148
4.5	Ophthalmology	
4.5.1	Instilling Eye Drops	152
4.5.2	Performing Eye Swab	157
4.5.3	Performing Eye Dressing	160
4.6	Obstetrics And Gynecology	
4.6.1	Performing Antenatal Booking	165
4.6.2	Measuring Newborn's Head Circumference	172
4.6.3	Measuring Newborn's Length	174
4.6.4	Measuring Newborn's Weight	176
4.6.5	Measuring Newborn's Chest Circumference	179
4.6.6	Bathing Of Newborn	182
4.6.7	Performing Cord Care	188
4.6.8	Performing Top and Tail	191
	References	195

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Wallahu'alam.

Chief Editor

UNIT 1

VITAL SIGNS

1.1 MEASURING ORAL BODY TEMPERATURE USING DIGITAL THERMOMETER

- **Aim**

Assess patient's oral body temperature.

- **Assessment**

Patient

- Asses general condition.
- Identify baseline body temperature.
- Assess factors influence changing on body temperature: exercise, age, medication and time, smoking and drink/food.
- Identify duration for taking temperature.

Equipment

Identify suitable, adequate, and safe equipment.

UNIT 2

ACTIVITY DAILY LIVING

2.1 RECUMBENT POSTIONING

- **Aim**

Preserve and maintain correct body alignment.

- **Assessment**

Patient

- Assess the conscious level.
- Assess immobilization.
- Identify body weight.
- Identify the presence of any devices: IV infusion line, drainage tube or urinary catheter, etc.

Nurses

- Hands-free from an accessory.
- Aid of an assistant.

Equipment

Identify suitable, adequate, and safe equipment.

UNIT 3

THERAPEUTIC INTERVENTION

3.1 ASEPSIS

3.1.1 Medical Handwashing

- **Aim**
 - i. Minimize microorganism counts.
 - ii. Prevent cross-infection.

- **Assessment**

Nurse

- i. Short nails.
- ii. Free from accessories.
- iii. Skin intact.

Equipment

Identify a suitable and adequate solution.

UNIT 4

SPECIAL SYSTEM

4.1 RESPIRATORY

4.1.1 Administering Medication Via Metered Dose Inhaler

- **Aim**

- Treat bronchospasm.
- Treat respiratory inflammations.

- **Assessment**

Check medication prescription.

Patient

- Asses conscious level.
- Assess lungs status.
- Identify baseline pulse and respiratory rate.
- Identify pre-peak flow reading.
- Assess knowledge level and readiness to learn the technique of MDI.
- Comfort.

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